



## intercultural competence



#### Knowledge

- Knowledge of foreign languages
- General and specific knowledge of cultures
- Knowledge of communication styles
- Knowledge of identities, stereotypes, discrimination and racism

### Attitudes

- Open-mindedness
- Respect

Skills

- Tolerance
- Interest in different perspectives
- Engagement with other people and topics

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- Perspective-taking skills
- Listening, observation and interpretation skills
- Mediating and relating skills
- Managing differences and conflict
- Intercultural relationship-building and networking skills
- Ability to deal with uncertainty and ambiguity
- Metacommunication skills (communicating about communication)



# study abroad experience

### Orientation towards society and the world

- Familiarity with international perspectives on global challenges such as climate change, refugees and sustainability.
- Familiar with supranational institutions such as the European Union, the United Nations and corresponding themes, including Human Rights and the Sustainable Development Goals.
- Awareness of global citizenship and its corresponding rights and responsibilities.
- Engagement with societal and global issues (politically critical and personally transformative).

# Orientation towards the profession

international orientation



- Staying informed and updated on international practices and developments within one's profession/discipline.
- Making use of international information, sources and resources from different countries.
- Understanding and evaluating perspectives and practices from an international or cultural perspective.
- Having the ability to use techniques and methodologies from different countries.

## personal development



## awareness Independence

Drive

Perseverance

Resilience

Patience

- Self-awareness
- Self-confidenceSelf-reliance
- Critical attitude
- Responsibility

- Adaptability
- Flexibility
- Creativity
- Curiosity
- Empathy
- Entrepreneurial skills
- Problem-solving skills
- Reflexivity
- Tolerance to stress